

IMPORTANT ITEMS TO REMEMBER WHEN USING THE MICROCURRENT

1. When working on a client **DO NOT TOUCH** opposite gloves or applicators together. This shorts the current and there is NO current flow to the client.
2. Important to **keep applicators on the same side of the face** during the treatment. This concentrates the current for a better treatment and controls where the current travels in the body.
3. Always keep **both hands or applicators in touch with the face or body**. If only one hand or applicator is touching the skin there is **NO current flow**.
4. **Do not put an excess amount of gel on the skin**. If there is too much the current follows the path of the gel and no current touches the skin. Apply just enough to create a smooth glide without a drag on the skin. The gloves may need to be remoistened throughout the procedure as the skin absorbs the gel. When applying the gel do not rub it into the gloves or face. Pat the gloves together to distribute the gel. Apply topically to the skin without rubbing into the skin.
5. Make sure you **moisten the gloves with water** from the fingertips to the palm area. Use tap water. Distilled water is not conductive. This allows for better conduction and the gloves soak up less gel.
6. When using the conductivity test **always test the gloves when they are dry**. Put the gloves on or lay them together. Optimum conductivity is 10. Anything lower shows a wearing of the applicators and should think of replacing. 1-7% replace. 8-9% = ok but have a spare on hand in case you do not achieve the results you need.
7. **When using the gloves remain on the pads (not the tips) of your fingers (this also means the stationary hand)**. This provides comfort and concentrates the current. Try to remember everywhere you are touching is where the current flows. **Never put hands or applicators on opposite sides of the face**. This pulls the current through the face and you will not achieve the results needed. **Always avoid the eye lid and voice box area**.
8. Without the **SLOW** movement and **LIFT and HOLD** at the end of the movement you will not see the best results. Full procedure with cleansing before the treatment, the treatment itself, applying toner and moisturizer at the end should take **an hour**. Remember to set the timer on the machine.
9. **Always** ask your client about their medical history. If needed have a doctors release in your client's file for your protection.
10. Microcurrent is very safe and effective with few contraindications but when in doubt it is best to think safety for yourself and your client.